

## Photo Round-up



Former Ireland player and Ulster Elite Player Development Officer Jonny Bell coaching the Under 13 rugby team



The school website had a recent face-lift.

Mrs Reid having fun on the rodeo bull



One of the activities at the 'Laugh in the face of Exams' workshop.



## Inst. enter the world of Karting



Incorporated within our Motor Vehicle technology course is our school Karting team. In 2010 we are competing in the British Schools Karting championship for 13-18 year olds. Our team consists of Dean Catherwood, Andrew Lynch and Dean Gray. All are experienced Karters, and two of them compete in the NI championship for Juniors, and under the guidance of Mr Gault are hoping for success in the coming season.

For more articles and pictures check out the school website at [www.coleraineai.com](http://www.coleraineai.com)

# Stripes

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20P

## CAI are the Irish Swimming Champions Again!

The Coleraine Inst swimming team recently competed at the Ulster Secondary Schools' Championships in Larne. This year, both the Junior and Senior teams gave great performances and after a successful day the Coleraine Inst relay squads emerged with 3 gold medals and one bronze. The junior team, con-



## 1st XV too strong for Grosvenor

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After a passionate war cry the CAI team began strongly and their bright start was rewarded with a try ten minutes into the game. A solid scrum by



the CAI pack caused confusion in the Grosvenor back row. Patrick Farrell capitalized on a mistake by the opposition scrum-half to run from the opposition ten metre line for a try converted by Ritchie McMaster. (Cont'd on page 4)

sisting of Michael Evans, Calum Ferguson, Andrew McCulloch and James Richardson performed brilliantly to win both the medley and freestyle relays. The Senior squad consisting of Chris Coils, Jay-Dee Ferguson, Conor Nicholl, Andrew Richardson and Ciaran Sloan who were competing for the first time at senior level, excelled themselves by picking up gold in the medley relay and bronze in the freestyle relay. Individually, Andrew McCulloch won a gold medal in the Junior 100M Backstroke and bronze medals were won by Jay-Dee Ferguson in the intermediate 100M Breaststroke and Michael Evans in the Junior 100M Butterfly. These results augur well for the upcoming

Irish Secondary Schools Championships in Cork where the entire squad will be competing. The Senior team is also currently preparing for the prestigious "Bath Cup" in London, later this year, with hopefully a good chance of improving on last year's 7<sup>th</sup> place in the final.

Christopher Coils

### Dates for your diary

**Open Night**

**4th February**

**Half term**

**12-16th February**

## Coleraine Inst Charity Fair 2009

On its 3<sup>rd</sup> consecutive year, Thursday 17<sup>th</sup> December 2009 saw Coleraine Inst's most successful charity fair yet. With a number of new activities planned, including a large number of food and drink stalls, there was a lot of excitement buzzing around the school. This year, many people took part in one of the new activities which was the Rodeo Bull. This also caused great amusement for all the spectators. Martin Holmes (Y11) proved to have the most skill at this activity. We also saw the highly popular Sumo-wrestling suits, Gladiator challenge and Bungee Run return, with old scores still to be settled.

Ice-cream, sweets, drinks, hot-dogs, hot chocolate and buns were all available for some indulgence before the Christmas holidays began. These stalls

proved most popular, with all selling out in the first half hour!

Other activities included a rowing machine challenge, guess the number of sweets in the jar, table tennis competition, golf challenge, keepy uppy competition, Wii battles and lots more.

The fantastic sum of over £1550 was raised in total. Each year group chose a charity to which their money would go. The charities chosen were Make a Wish Foundation, Marie Curie Cancer, Rock Ministries, Cancer Research, Help for Heroes and Action Cancer.

A big thank you must go to all the boys and staff who helped organise each activity and who took part so willingly and generously on the day.

Miss Calvin

## Bobby Platt Wins BBC Unsung Hero Award



At the 2009 Coleraine Sports Council Awards Bobby Platt MBE was inducted into the Hall of Fame. This is to mark Bobby's long service to rowing in the Coleraine area which includes his coaching at Coleraine Inst.

Bobby has also won the Northern Ireland section of the Unsung Hero Awards this year. This meant that he attended the BBC Sports' Personality of the Year Awards in Sheffield.

Bobby Platt first captained Bann Rowing Club in 1959 and again from 1972 to 1983 but it was as a coach he excelled, nurturing several rowers to Olympic standard at Coleraine Institute.

Alan Campbell, a 2008 Olympic finalist in the single scull and world silver medallist in 2009, began his career under Platt.

It was only recently that he announced he was retiring from coaching.

Shane Glynn, Editor Sport BBC Northern Ireland, said: "Bobby has been an inspiration to so many people in his community and is a worthy winner of the BBC Sports Unsung Hero title here.

## Duke of Edinburgh Award Scheme Restarts

The Duke of Edinburgh Award scheme is back at CAI! For 2010, an impressive 19 boys signed up to take part in the Bronze Award scheme with the hope of progressing to Silver and Gold in future years. As part of the Bronze Award participants are expected to complete six months of physical activity, volunteering work, a service and a skill. The mission of the Duke of Edinburgh Scheme is to inspire, guide and support young people in

their self-development and recognise their achievements.



## 150th Anniversary Celebrations

Coleraine Academical Institution was founded 150 years ago so this year will be the school's sesquicentenary year.

Various activities have been lined up to celebrate this event in the school's history. This include the following:

31st January Service of Thanksgiving at Terrace Row Presbyterian Church in Coleraine.

24th March CAI 1st XV v Ulster Schools' XV  
30th April Tree Planting Ceremony

24th June Grand Banquet and Ball

1st September Sesquicentenary Edition of the

'Inst' school magazine.

10th September Reception for Leavers after 1990

17th September Reception for leavers 1980—1990

1st October Reception Leavers before 1990

12th November Old Boys' Dinner.

A cricket match against R.B.A.I. and a rowing regatta will also take place.

In addition various memorabilia may be purchased including key rings, a publication of the school's history, ties and cuff links.

## Charity Fair Pictures



(Contd from front page)

The rest of the first half was riddled with mistakes from both sides but excellent work in the loose from Michael Shiels and Keith McKnight allowed the Coleraine team to stay in front. The Grosvenor side had few chances to score but a penalty towards the end of the half left them only 7-3 down.

Again CAI started well and an early McMaster penalty put them 10-3 ahead. The CAI team continued to dominate possession, with McMaster using centres

Dean Rankin and Andrew McKnight to good effect. On fifty eight minutes another scrum mistake allowed Kyle Markey to score a well taken try. McMaster converted leaving the score 17-3. The CAI team remained in front and out of trouble thanks to some excellent counter attacking from Alex Gourley who was solid under the high ball all day. Then a defensive error allowed Grosvenor to have a scrum five metres from the CAI line. Grosvenor scored in the corner and converted the try. This set up a nail biting finish but CAI held on to win 17-10.

Patrick Farrell

## Year 8 enjoy a Christmas Carol

On Tuesday 15th December we got out of fourth period to have an early lunch and then hopped on a bus to go to the cinema. Everyone was buzzing with excitement. We got off the bus and although everyone was full we still ran up to the counter and asked for piles of sweets. By the time we had all finished the sweet counter was nearly empty!

We then went into the cinema to see Disney's Christmas Carol. It was a

good movie and had some scary bits in it. As soon as the film had finished we rushed off to the games room before returning home.

Overall it was a great day out. I would like to thank Mr Stewart for arranging it and all the teachers that took us there.

Michael Crowe (8Q)



## Geography Department Goes Global

On the 15th December a group of boys consisting of the A-Level Geography class and some prefects participated in a videoconferencing seminar with an American college in Pennsylvania. The main representative from the school was American college footballing legend Jordan Drohn. The Americans led by Jordan provided some excellent discussions on the contrasts in youth cul-

ture. Both parties benefited greatly from the experience, taking away a different perspective of their own lifestyles.

Richie McMaster.



## Mr Boyd nominated for Young Coach of the Year

At the end of 2009 Mr Boyd was nominated for the prestigious Young Coach of the Year Award. Mr Boyd, who graduated from John Moore's University in Liverpool with a First Class Honours degree in Physical Education, was nominated for his contribution to sport and in particular Rugby and Cricket.

The young and enthusiastic coach worked with the forwards of Cambridge House 1st XV who had a successful run in the Schools' Cup and Schools' Plate before being beaten by local rivals Ballymena Academy. A number of the players involved in the squad represented Ulster Schools at Under 18 and Under 19 levels.

In April 2009, Mr Boyd coached a Ballymena Barbarian Select XV made up of the best Under 18 players in the Ballymena area. The team played a charity match at Eaton Park in front of a large crowd against the newly crowned Schools' Cup winners Methodist College. Even though the Barbarians side only had a few preparation sessions, they gave Methody a run for their money in what proved to be a very exciting match. Most importantly, the event also raised £2500 for the very worthwhile IRFU Charitable Trust.

In July, the Ballymena man became one of the youngest coaches at senior level by taking over the reins as Head Coach of Randalstown RFC. With his

appointment came an influx of young players and resulted in the Under 19 team winning their league. Also Randalstown 1st XV are currently sitting in the top four of the Kukri Qualifying 3 League. In September he was appointed Head Coach of the Ulster Under 16 North Country team where he works with some of the best Under 16 players in the country.



In the summer of 2009 Mr Boyd, a certified Level Two cricket coach, was appointed Youth Development Officer at Ballymena Cricket Club. In this role he worked with children of all ages and abilities to increase participation levels and improve basic cricket skills. Organising primary school tournaments, a week long summer camp and holding regular coaching clinics throughout the summer evenings all became part of his remit. During July he also took on the role of Head Coach of the NCU Under 13XI which competed in the Interprovincial tournament in Dublin. After a number of presentations and interviews, Mr Boyd narrowly missed out on the Young Coach of the Year award but his contribution to Rugby and Cricket has been noted and he must be congratulated on his considerable achievements at such a young age. Now a member of the PE department at Coleraine Inst he continues to use his expertise to promote and enthuse pupils in his love of sport.